

### Nav Dash 2010: SPRINT SERIES

Fast navigation decisions are required for these short distance events on Perth University campuses, schools, and parks. Courses are between 2 –3 km and will take about 15-30 minutes. Event locations are listed in the main calendar - see the *Nav Dash* flyer or OAWA website for start times, entry fees and pre-entry details.

### ORIENTEERING WESTERN AUSTRALIA MEMBERSHIP BENEFITS

Just a few things that Orienteering Western Australia members receive:

- ◆ Reduced event entry fees.
- ◆ Monthly magazine, *Split Times*, & quarterly national colour magazine, *The Australian Orienteer*.
- ◆ A 10% discount at Runners' World.
- ◆ Coaching and club Social events.

#### **Annual Subscriptions are:**

Adult member	\$60
Junior/student/concession	\$30
Family	\$120
Family concession	\$60

Group memberships are available. Membership forms, with full details, are available at:

- ◆ all events
- ◆ from the web site or
- ◆ contact Tony Simpkins, 9228-0085

### **DON'T FORGET the Metro SERIES**

in Perth Parks over the summer – venues and times are available from the Orienteering Western Australia web site from late October.

**SMOKING, FIRES and DOGS are not permitted at any event on this program**



### SOUTH WEST ORIENTEERING TREKKERS

Based in the Bunbury region? Then join our club in the South West – SWOT. As well as taking part in all major events, SWOT runs a program for its region.

For a full SWOT program or to join SWOT contact:  
Peter O'Loughlin 0427 993 074

### Standard Event Fees (incl. MTBO)

	Member		Non Member	
	Junior	Adult	Junior	Adult
	\$5	\$10	\$10	\$20
Series (10 events)	\$45	\$90	NA	NA
Family max	\$20 (Series \$180)		Group	\$30

**Non-Members** entry fee includes: map (up to 5 per group), hire of e-tag & compass.

### Other Events

Different fees apply to pre-entry (Champ/ State Series) events and the *Nav Dash* Sprint Series – see website for details.

### Contact Details

**Orienteering Western Australia**  
[wa.orienteering.asn.au](http://wa.orienteering.asn.au)

Be Active Sport Development Officer  
Tony Simpkins, 9228 0085  
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Orienteering  
Western Australia

# Orienteering Events CALENDAR 2010

**BE ACTIVE**

# EVENTS CALENDAR 2010

Day	Date	Event Type	Venue/Map Name	Location
Sat	13 Mar	Nav Dash Sprint Series	Mt Lawley SHS	Mt Lawley
Sat	20 Mar	Nav Dash Sprint Series	University of WA	Crawley
Sat	10 Apr	Nav Dash Sprint Series	Hale School	Wembley Downs
Sat	17 Apr	Nav Dash Sprint Series	Aquinas College	Manning
Sun	18 Apr	Standard	Ngangaguringguring	near Sawyers Valley
Sat	24 Apr	Autumn Classic Day 1	Umuna	near Beverley
Sun	25 Apr	Autumn Classic Day 2	SS Umuna	near Beverley
Sun	2 May	MTBO	Carinya	near Karragullen
Sat	8 May	Nav Dash Sprint Series	Edith Cowan Uni	Joondalup
Sun	9 May	Standard	Catholic Ag. College	Bindoon
Sun	16 May	Standard	Mt Billy	near Sawyers Valley
Sat	22 May	WA Sprint Distance Champs	Guildford Grammar	Guildford
Sat	30 May	Standard	Jorgensen Park	Kalamunda
Sun	6 Jun	Badge	SS Gunapin Ridge	near York
Sat	12 Jun	MTBO	Dryandra	near Narrogin
Sun	13 Jun	Standard	Dryandra	near Narrogin
Wed	16 Jun	WA Schools Champs	Fred Jacoby Park	Mundaring Weir Rd
Sun	20 Jun	Standard + Killamunda Challenge	North Ledge	Mundaring Weir Rd
Sun	4 Jul	Standard	SS Mt Dale West	Mount Dale
Sat	10 Jul	MTBO Middle Distance Champs	Langford Park	Jarrahdale
Sun	11 Jul	MTBO Long Distance Champs	Langford Park	Jarrahdale
Sat	17 Jul	Simple	The Maidens	Bunbury
Sun	18 Jul	Standard + KillaFergus Challenge	Evedon Ridge	Ferguson Valley
Sun	25 Jul	Standard	SS Hill Park Dale	near Beverley
Sun	1 Aug	Inter-Club Relays	Marginata West	near Sawyers Valley
Sun	8 Aug	MTBO	Pickering Brook	Pickering Brook
Sun	15 Aug	Badge	SS Bells Rapids	Upper Swan
Sun	29 Aug	Standard	South Ledge	Mundaring Weir Rd
Sun	5 Sep	MTBO	Turner Hill	near Dwellingup
Sun	12 Sep	Standard	SS Spice Brook	Chittering Valley
Sat	18 Sep	WA Middle Distance Champs	SS Malmalling	near Sawyers Valley
Sun	19 Sep	WA Long Distance Champs	SS Malmalling	near Sawyers Valley

## Event Registration Times:

Most Sundays: 9am—11am

Sprint Series: 1:30—3:00pm

Other Saturday Events: 12:30– 2:30pm

## Event Key

**Standard** Range of 6 different courses, suitable for beginners, intermediate, & experienced orienteers.

**Simple** Choice of 3 courses from easy to hard.

**MTBO** Mountain Bike Orienteering event.

**Badge** Pre-entry State Series event with age class competition.

**SS** State Series (Orienteer of the Year) points available; handicaps apply.

**Nav Dash** Sprint distance events (see over).

**Champs** West Australian Championship Event.

Killamunda + KillaFergus Challenge

Entry-level adventure races for individuals and pairs. See website:

<http://boundless-ar.com.au/>

## Note

Entry on the day is available at Champs, Badge & State Series events after completion of the pre-entry starts. Higher fees may apply.

## Amendments and Changes

This program is correct at time of publication (Feb 2010). Any changes will be published in the Orienteering Western Australia newsletter, on the website— [wa.orienteering.asn.au](http://wa.orienteering.asn.au) and the Sporting Diary in Saturday's West Australian.

## Acknowledgements

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- ◆ Healthway
- ◆ Department of Sport and Recreation
- ◆ Department of Environment and Conservation
- ◆ Water Corporation